

MAYBE THERE'S ONLY ONE WAY TO DIE IN THE WEST

FROM THE WEATHER, ACCORDING TO CHARLIZE THERON. FILMING SETH MACFARLANE'S WILD WEST SPOOF IN NEW MEXICO WAS LIKE BEING IN 'BIBLICAL TIMES,' SHE SAYS PAGE 13

Habs hold hope in hockey hell

One loss away from elimination, veteran Canadiens players insist they've still got life against

Have beer questions? **Get beer** answers

Festibière aims to educate barley-and-hop set, dispel suds-related myths



Who is wrecking campaign signs?

Vandalism. PCs and Liberals complain they are both being targeted



Randall Denley has a message for the vandals who went on a rampage and destroyed more than 140 of his campaign signs over the weekend: "For every sign they knock down, we are putting two back up.'

The Progressive Conservative candidate in Ottawa West-Nepean said his team was shocked to find many of their signs not only knocked over, but also sliced up to the point where they are completely un-

Members of Denley's team have spent "hundreds of hours" putting signs up across the riding since the election was called in early May. Now, they have to do it all again.

Our sign effort is 100 per cent volunteer work," Denley



PC candidate Randall Denley poses with a pile of damaged campaign signs. He says 140 of his signs were wrecked beyond use. Inset: Liberals with Bob Chiarelli's office say 50 signs were damaged on the weekend, some kicked over and some sliced. GUY ANNABLE/CONTRIBUTED, INSET: CONTRIBUTED

told Metro on Monday, adding the damage is in the thousands of dollars.

"We have a lot of seniors who give us small donations. They are trying to make a difference, help us get the message out, and then people do

this kind of thing. I have never seen anything like it."

In many instances, he said, the blue PC signs were torn to shreds, broken and knocked over while the bright red Liberal signs next to them were completely untouched. Denley isn't pointing a finger, but doubts it's the work of rebellious teenagers looking for a

"Usually if it's kids or vandals, they just kick over a few signs and they don't care whose they walk on," added

"What we are seeing here is people using tools — box cutters or some kind of knives and then cutting the signs to pieces so they are destroyed. There is something funny going on here and it's not good."

He said some lawn signs were even destroyed people's front yards.

Spokesperson for Liberal MPP Bob Chiarelli's office Beckie Codd-Downey told Metro that her party has also had problems with sign vandals and said crews were out all weekend repairing ones that had been kicked over or ripped. She said her party spent Saturday repairing 50 signs across the riding.

"We did notice an increase in damage on Friday night, where signs from all four parties were destroyed and we received a number of calls from the public to alert us to this activity," she said. "Frankly, our campaign is focused on our positive message and communication directly with voters rather than engaging in any disruptive muckraking."

Officials at Elections Canada told Metro that they don't deal with sign vandalism and only refer complaints to police.

Ottawa police spokes-person Marc Soucy told Metro that they have no leads, but have increased patrols in the riding and are on the lookout for sign vandals.





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Brockville

Man in hospital after plane crash

A northern Ontario man has suffered serious injuries in a small plane crash near Brockville.

Provincial police officers responded just before 7 p.m. Sunday when the ultralight went down in a field just north of the Brockville Airport.

A 41-year-old man from Phelps Township near North Bay was airlifted to Ottawa with serious injuries.

The investigation continues. The fire department has said it's unclear whether the man was trying to land at the airport. THE CANADIAN PRESS

Innes Road South

Witnesses to incident sought

Police investigating a report of a suspicious incident on a path leading from Innes Road South to Glen Park Drive Saturday are looking for witnesses.

Around 11:30 p.m., a 31-year-old woman was walking her dog when a man stood in front of her and put his hand on her shoulder. Police say the woman first believed that he was attempting to direct her further down the path.

The man then made lewd comments and the woman removed his hand and walked away. The man did not follow her.

He is described as white, about 25, 5'8" to 5'11", 170 pounds, clean shaven with dark brown hair and English-speaking. He was wearing a black hoodie, dark jeans and a black baseball cap. **METRO**



Remembering Eric

Memorial. Plaque commemorating teen unveiled on third anniversary of his death



LOFARO

Eric Leighton's spirit will live on at a local hockey rink.

The Barrhaven community came together to honour the life of Leighton on Monday, the third anniversary of his death with a memorial plaque at the Walter Baker Centre.

The recreation centre was where Leighton often excelled as a hockey player.

He was rushed to hospital with fatal injuries after a

"Eric's motto towards hockey, and the work ethic he put into playing was: 'If they want me, they know where I am.

Quotation from the plaque commemorating Eric Leighton

shop class explosion on May 26, 2011. He'd been cutting a steel peppermint-oil drum with a grinder at Mother Teresa Catholic High School to make a barbecue. Fumes from a degreaser ignited from a spark..

"It was about this time now that we were at the hospital just waiting on news on what the results were going to be," said his mother, Sheri Leighton Monday, just before the noon hour.

The plaque makes clear

Leighton was more than just a young victim of a horrible tragedy. Emblazoned at the top is "Eric 'Lighter' Leighton" — a nod to a nickname he earned on the ice.

"Eric's motto towards hockey, and the work ethic he put into (his) playing was: 'If they want me, they know where I am," the plaque reads, which also noted he started playing hockey at age four.

"I love it. I love it," she repeated as she stared at a photo on the plaque of her son with his game face on.

Sheri said she was "overwhelmed" by the support from Mayor Jim Watson, Nepean Carleton MPP Lisa Mac-Leod, and Barrhaven Coun. Jan Harder who all spoke at the unveiling.

"(MacLeod) came out as a

friend, not as our MPP. She has done everything she possibly, humanly (could have) done to help us with getting our answers," said Sheri.

"And Jan Harder. She worked probably night and day trying to get this done."

But Sheri and her husband Pat's fight is far from over. They want recommendations that came out of a coroner's inquest into their son's death to be made into law, starting at the provincial level.

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Canadian airliners to allow use of mobile devices during takeoff, landing



Airplane mode. But only if the devices aren't transmitting



JOE LOFARO ioe.lofaro@metronews.ca.

Pretty soon, the days when you're told to put your smartphone or tablet away during takeoff and landing while flying will be a thing of the past.

Speaking at the Ottawa International Airport, federal Transport Minister Lisa Raitt announced Monday passengers will be allowed to use their devices during all phases of flight, although they must be in non-transmission mode, also known as airplane mode.

For example, passengers will be able to compose an email or listen to digital audio, as long as their device cannot send or receive a wireless signal.

Raitt emphasized the government has been working on this initiative for months and the changes can take effect as soon as airliners are ready.

Derek Vanstone, vicepresident of corporate strategy and government affairs for Air Canada, said passengers can expect to see the changes take effect in "very soon."

Vanstone said Air Canada still has to get approval from Transport Canada through a formal process before passengers can expect to see any changes.

Until then, passengers must follow the instructions given

by flight staff about using portable electronics.

"The great thing about being a little bit behind the United States in this regard is there is a lot of learning we can take from our colleagues and other airlines in the U.S.," said Vanstone. "We've got drafts of the manuals already prepared."

Flight attendants will monitor compliance aboard the aircraft, but the airliner doesn't believe it will be added stress for employees.

"It's one less thing that they actually need to do," he said. "To an extent we have to trust passengers and flight attendants will have to use their judgement if they believe the passenger is not listening to the instructions."

\$1M granted to Dovercourt Rec Centre expansion project

Ottawa is giving the Dovercourt Recreation Centre a million-dollar boost to expand the popular, but crowded facility.

Kitchissippi Coun. Katherine Hobbs announced the funding for the Westboro community hub on Monday. It's part of the \$2.5 million expansion plan, which is the facility's largest renovation project since it was built in 1987.

John Rapp, the executive director for the Dovercourt Recreation Association, described the expansion size as equivalent to a "monster home in Kanata."

"The biggest growing demographic in this neighbourhood



is seniors," he said. "So they are actively competing with space throughout the day now and to be able to serve all ages, you got to have more spaces."

In phase one, the Dovercourt Recreation Centre will expand by 12-feet, which will double the size of the fitness centre and create a rooftop patio that will connect to a room used for kids birthday parties. A new family change room and reception area are also in the plan. The renovation is due to be completed in October, but all summer camps and programming will run as normal.

Phase two, which is a \$1.5 million addition will extend the building forward by about 20 feet, and add new bathrooms, an assembly hall for large-group fitness and smaller meeting rooms. Phase two's completion will depend on funding, which the recreation facility is still trying to secure.

UCY SCHOLEY/METRO



Cops search for suspects after stabbing

An Ottawa police cruiser is parked outside the McDonald's at 3340 Fallowfield Road Sunday night after a 19-year-old man was stabbed in the area during a robbery. Police are looking for two men, who they say escaped in a getaway car driven by a black woman. One of the male suspects is described as a white man in his 20s who spoke English. The second male suspect is a black man in his 20s with dreadlocks, police said. Anyone with information is asked to call Ottawa police at 613-236-1222. JOE LOFARO/METRO

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Beers don't cause pot bellies, or do they?

Find out at the Gatineau beer festival. It aims to educate and dispel myths about suds

Does knocking back a sixer every night really cause a beer belly? Does beer actually taste better in a glass bottle? Can I avoid a hangover by drinking organic beer?

"All of these answers will be revealed at the conferences and throughout the festival," said Festibiere directorgeneral Michael O'Farrell.

Organizers of this year's Festibiere are hoping to dispel beer myths this weekend with over 30 vendors making their way to Jacques Cartier Park for the fourth edition of the Gatineau beer festival May 30-June 1.

The event isn't for just

beer connoisseurs, but appeals to several demographics — mainly families, said O'Farrell.

The idea of Festibiere is not to get slobbering drunk and stumble away from a wild party, but to "drink better, drink less," as the festival includes educational workshops and other family-oriented activities like inflatable play structures, a climbing wall and root beer tastings.

"It's not a frat house, it's

not a frat party, it's not home coming," said O'Farrell smiling.

ing.
"It's quality over quantity."

The festival also features more than a dozen higherend food vendors, a mobile brewery courtesy of Alexander Keith's and live music throughout the weekend.

Tickets are \$10 per day or \$25 for the weekend until May 29. After that, tickets go up by \$5. TREVOR GREENWAY/METRO

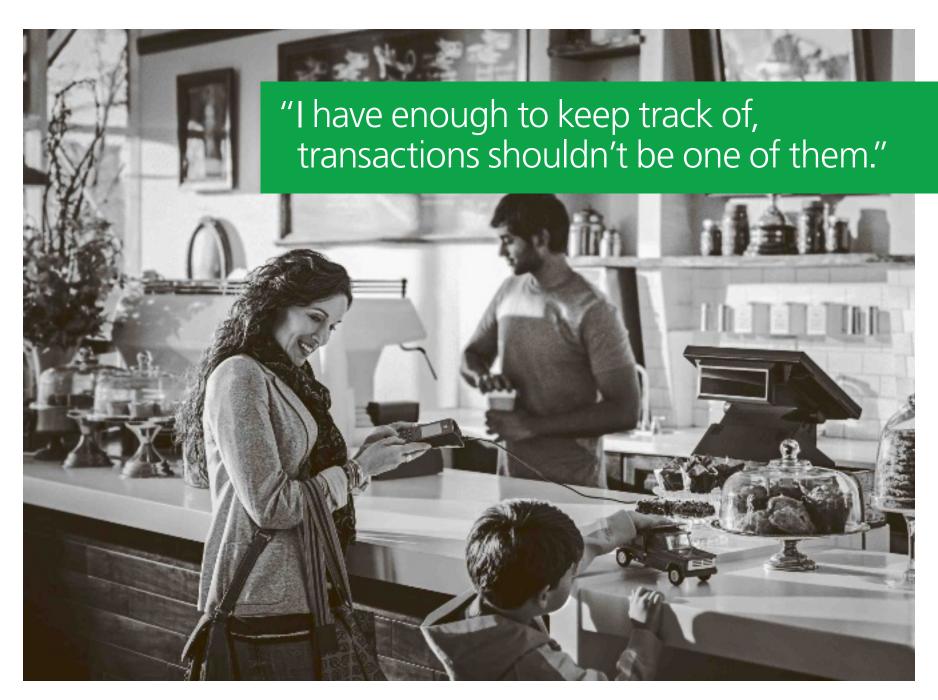




MPs and councillors pedal to promote biking as alternative to driving on Bike Day

Bike enthusiasts pose with Vancouver-Sunshine Coast MP John Weston, middle, Sackville-Eastern Shore MP Peter Stoffer, second from left, and Ottawa city councillor Mathieu Fleury, far right, during Bike Day in Canada, Monday at Parliament Hill. The short gathering promoted biking as an alternative to driving and took about a dozen riders on a quick spin to Gatineau and back. TREVOR GREENWAY/METRO





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Chief of defence claims military knows location of kidnapped girls

Abuja, Nigeria. Military official won't elaborate on location of students, suggests using force to rescue them will result in their deaths

Nigeria's military has located nearly 300 schoolgirls abducted by Islamic extremist group Boko Haram, but fears using force to try to free them could get them killed, the country's chief of defence said Monday.

Air Marshal Alex Barde told demonstrators that Nigerian troops can save the girls. But he added, "We can't go and kill our girls in the name of trying to get them back."

He spoke to thousands of demonstrators who marched to Defence Ministry headquarters in Abuja, the capital. Many were



brought in on buses, indicating it was an organized event. Asked by reporters where they had found the girls, Barde refused to elaborate.

"We want our girls back. I

can tell you we can do it. Our military can do it. But where they are held, can we go with force?" he asked the crowd.

People roared back, "No!"

"If we go with force what

will happen?" he asked.

"They will die," the demonstrators said.

"Nobody should come and say the Nigerian military does not know what it is doing. We know what we are doing," Barde insisted.

Nigeria's military and government have faced national and international outrage over their failure to rescue the girls seized by Boko Haram militants from a remote northeastern school six weeks ago.

President Goodluck Jonathan was forced this month to accept international help. American planes have been searching for the girls. Britain, France, Israel and other countries have sent experts in surveillance and hostage negotiation. Jonathan's reluctance to accept help for weeks is seen as unwillingness to have outsiders looking in on what is considered a corrupt force.

THE ASSOCIATED PRESS

Developing world

Birth, death data vital for health of women, children

For one million babies born every year, it's as if they were never here.

That's how many newborns die on the day of their birth, along with millions more in their first month of life, all without ever having been formally documented.

The lack of vital birth and death registration in poor countries will be a major topic of discussion at this week's international meeting on improving the plight of children, newborns and mothers in developing countries.

Prime Minister Stephen Harper is hosting the threeday conference in Toronto.

Rosemary McCarney, the co-chair of the Canadian Network for Maternal Newborn and Child Health, says birth registration is a key to making progress on the issue.

She says knowing about births, deaths and cause of death is key to bringing down mortality rates and improving the health of the most vulnerable women and children in poor countries. THE CANADIAN PRESS

Lawsuit. Woman alleges RCMP officers pulled her from shower, left her nude

A Manitoba woman is suing six RCMP officers, claiming they pulled her from a shower and left her shivering and naked in her kitchen during a search of her home.

The woman alleges in a lawsuit filed last week that the September 2012 incident has left her with post-traumatic stress disorder, fear of being alone and a fear of showering, as well as emotional trauma.

The lawsuit alleges the woman was taken from her main-floor bathroom shower during the mid-morning raid and kept in custody, without any clothing, in the kitchen while police searched her home

"The plaintiff was kept in the kitchen without access to covers for a period of time," the statement of claim says. "The plaintiff began hyperventilating and experiencing shock-like symptoms."

It claims the woman, who works as a hospital medical technician, was eventually taken to hospital in an ambulance. She is seeking unspecified damages, including punitive damages and costs.

Queted

"The plaintiff began hyperventilating and experiencing shock-like symptoms."

Statement of claim from Manitoba woman, who alleges RCMP officers left her naked in her kitchen while they searched her home

"As a result of the injuries which the plaintiff received from the defendants, the plaintiff has suffered out-of-pocket expenses including loss of wages in an amount to be proven at trial," the lawsuit says.

The lawsuit says Mounties raided the house while executing a search warrant as part of an investigation, but does not elaborate. Daniel Minuk, the woman's lawyer, declined to comment on the lawsuit or its allegations.

Tara Seel, media relations officer with the RCMP, said it would be inappropriate to comment since the matter is now before the courts.

No statement of defence has been filed. The woman's claims have not been proven in court. THE CANADIAN PRESS



Baird says Turks and Caicos dream will remain just that

No 11th province.

Though islands' premier says he's not closing the door on joining Canada, Foreign Affairs says it's not in the cards

The premier of Turks and Caicos is leaving the door open to the prospect of his country joining Canada, even though he has opposed the idea in the past.

But Foreign Affairs Minister John Baird suggested Monday that Canadians are dreaming if they think they'll have a province in the Caribbean any time soon.

Turks and Caicos Premier Rufus Ewing met Prime Minister Stephen Harper in Ottawa, where he says the two leaders spoke about exploring a more formal relationship.



Ewing described the meeting as a "courtship," but said the pair did not discuss the possibility of Turks and Caicos becoming Canada's 11th province.

The idea, however, is not out of the question, Ewing suggested during a news conference following the meeting.

"It is not of my mandate to close the door," he said.

"It is my mandate to see Turks and Caicos have sustainable economic growth and development and development of our people ... and we look to Canada, who has shown by example of being a very strong democracy."

Even creating closer ties is a long shot, said Baird: The Harper government is not exploring a stronger relationship, let alone considering a plan to annex the British colonial territory.

"We're not in the business of annexing islands in the Caribbean to be part of Canada, so that's not something that we're exploring," said Baird.

"We're not looking at any sort of formal association with the islands."

Conservative MP Peter Goldring has been pushing the idea for over a decade.

Canada enjoyed strong economic ties with Turks and Caicos in the 1800s, largely through the salt trade.

More recently, however, the 40-island nation has relied more on the tourist trade and its open banking system for the economic well-being of its roughly 30,000 inhabitants.

Turks and Caicos is currently a British territory with an elected legislature.

THE CANADIAN PRESS

No apology from Harper

Lawsuit against PMO proceeding

The National Council of Canadian Muslims is proceeding with a lawsuit against Prime Minister Stephen Harper and his chief spokesman for a comment it says linked the organization to a terrorist group.

The group is filing a statement of claim in Ontario Superior Court after failing to get an apology from the Prime Minister's Office for the January remark. THE CANADIAN PRESS

2010 Gaza incident

Turkey orders arrest of Israeli commanders

A Turkish court on Monday ordered the arrests of four former Israeli military commanders being tried in absentia over the killing of nine people aboard a Turkish aid ship that tried to break a Gaza blockade, Turkey's state-run news agency reported. THE CANADIAN PRESS



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London mayor. Joe Fontana pleads not guilty to 3 fraud charges

The mayor of London, Ont., admits that as a member of Parliament he altered a contract that he submitted for expenses, but the \$1,700 the government paid out was not for his son's wedding, his lawyer said Monday.

Joe Fontana, who has refused to step down as mayor while his case is before the courts, pleaded not guilty to fraud, uttering a forged document and breach of trust by a public official on the first day of his trial.

The Crown alleges Fontana wrote a \$1,700 cheque as a deposit for his son's 2005 wedding reception at the Marconi Club in London then submitted a claim for a government expenses along with a "significantly altered" version of the contract that secured the club as the wedding venue.

Among the alterations were changing the date of the event from June 25, 2005, to Feb. 25, 2004, the word "wedding" to "reception" on the contract under the section



for purpose of the event, the addition of a yellow sticky note saying "misc constituents reception" as well as the word "original" added in blue ink.

Fontana's lawyer, Gord Cudmore, said his client admits making those changes, but what is at issue in the trial is the purpose of the \$1,700 cheque.

"You will find in the course of the evidence called it is the position of the defence that the cheque had nothing whatsoever to do with the wedding." THE CANADIAN PRESS



Officers direct mother duck through downtown traffic

Court security officer Mike Rivard and police constable Doug Pain try to convince a mother duck to continue leading her ducklings across a busy downtown street in London, Ont., on Monday.

DAVE CHIDLEY/THE CANADIAN PRESS

European Parliament election. Euroskeptic rise muddles EU future

Euroskeptics celebrated across the continent on Monday, from Britain to France and beyond, over their unmatched success in the European Parliament election. Now they are keen to put up internal borders again, keep foreigners out of their labour markets, abolish the common euro currency and let their nations go it alone in a globalized world.

The 28 European Union leaders meeting in Tuesday's postelection summit have a different task: making sure the surge of anti-EU and anti-establishment parties that claimed almost 30 per cent of the EU's 751-seat legislature doesn't dislodge the 64-year project of closer co-operation between European nations.

They will also need to look for a way to reconnect with an ever more disenchanted European electorate that stayed away from the polls in massive numbers — and cast plenty of protest votes when they did show up.

Trust in political leader-

ship "is going down dramatically," EU Commission President Jose Manuel Barroso acknowledged Monday in Sintra, Portugal.

British Prime Minister David Cameron, faced with the rise of the Euroskeptic UK Independence Party at home, struck a similar note, saying nothing will be business-asusual any more.

"People are deeply disillusioned with the European Union," Cameron said Monday after Nigel Farage's UKIP came out on top in Britain and was slated to win 24 EU seats, compared to 19 for Cameron's Conservatives.

The British leader who has been calling on the EU to drastically reform its ways and institutions to give member nations more space to run their own affairs will be a key figure at Tuesday's summit.

Voters "want change and as far as I am concerned that message is completely received and understood," Cameron said. THE ASSOCIATED PRESS



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Thai coup leader warns citizens against protests

Royal endorsement.

Thailand's king endorsed its military chief to run the country and called for 'reconciliation'

Bolstered by an endorsement from Thailand's king, the nation's new military ruler issued a stark warning Monday to anyone opposed to last week's coup: don't cause trouble, don't criticize, don't protest — or else the nation could revert to the "old days" of turmoil and street violence.

Gen. Prayuth Chan-ocha defended the army's takeover,



Gen. Prayuth Chan-ocha speaks at hifirst press conference since Thursday coup on Monday in Bangkok.

saying he had to restore order after seven months of increasingly violent confrontations between the now-ousted government and demonstrators.

"Everyone must help me," said Prayuth, adding: "do not criticize, do not create new problems. It's no use."

The words came as an aide to former Prime Minister Yingluck Shinawatra said she had been released Monday from military custody after being held for three days.

Earlier Monday, a royal command sent in the name of King Bhumibol Adulyadej officially endorsed Prayuth to run the country and called for "reconciliation among the people."

The endorsement is a formality, but in a country where the king's word is supreme, it is one that carries enormous weight. The ASSOCIATED PRESS



Fatal train collision in India kills 40

Officials and rescuers stand near the wreckage after the Gorakhpur Express passenger train slammed into a parked freight train near Basti, in India's Uttar Pradesh state, on Monday. The express train plowed into a parked freight train, killing at least 40 people and reducing cars to heaps of torn and twisted metal, officials said. Six of the cars on the express train derailed, with one car accounting for most of the deaths, police said. The ASSOCIATED PRESS

Don't hold your breath

Man faints while driving through tunnel, injures four people in crash

Police say a 19-year-old man caused a three-car crash when he fainted while holding his breath as he drove through a tunnel in Oregon. According to a news release, Daniel J. Calhon told investigators he fainted Sunday afternoon while holding his breath in the Highway 26 tunnel near the community of Manning.

His car, a 1990 Toyota Camry, drifted across the center line and crashed head-on with a Ford Explorer.

Both vehicles struck the

tunnel walls before a pickup hit the Camry.

Four people suffered non-life-threatening injuries.

Police say Calhon has been cited for reckless driving, three counts of reckless endangerment and fourth-degree assault.

Some people hold their breaths in tunnels as part of a game or superstition.
THE ASSOCIATED PRESS

A special on curl-ups with carrot cans in aisle 3?

Fitting in fitness.

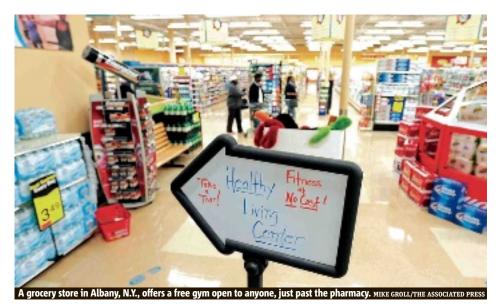
You can work on your six-pack for free, and pick up a six-pack, at one Albany, N.Y., grocery store

When Ann Lawson strolls into her neighbourhood grocery store, she really gets a workout.

That's because her Hannaford supermarket has a small gym located just past the pharmacy counter. It has treadmills, stationary bicycles, various other cardio machines, even a state-of-theart Zumba room with a shiny wooden floor.

And best of all, it's free.

"It's about me getting healthy and losing some of this excess weight," Lawson said. "And I like the idea of be-



ing able to work out and shop in one trip."

Maine-based Hannaford insists the 5,600-square-foot

health facility that opened in October is not part of some shrewd marketing campaign. The Albany, N.Y., store is the only one in the 184-store chain with such a gym, and there are no plans for more.

The idea grew out of a

meeting last summer between Hannaford, the local YMCA and the health-care provider Capital District Physicians' Health Plan. All said their goal was to come up with something to improve the area's health while also being convenient, accessible and free.

Store manager Dave Farrell, an admitted "exercise fool" who has dropped 86 pounds in the last year, said gym-goers don't have to shop in the store — they just fill out paperwork on the first visit and are given fobs to swipe when they stop by.

So far, just over 1,100 people have signed up, and the exercise classes are packed.

"Obviously, we've had people use it who weren't customers and have decided to shop in the store," Farrell said. "It's definitely a win for us, but that wasn't the goal."

Drew the short straw? Write to the Buffetts

When Warren Buffett announced in 2006 that he would give away his billions, he was flooded with individual requests for help that still flow in today.

Instead of tossing the letters aside, Buffett packages them up and sends them to his big sister Doris. With the help of seven women, her Sunshine Lady Foundation scrutinizes each request to find people who have come upon bad luck through no fault of their own.

"She just believes that a lot of people got short straws in life, and she wants to help them," Warren Buffett said.

Buffett and his sister worked out the unusual arrangement because neither wanted to disregard the requests, but Buffett also wanted to focus on running his company, Berkshire Hathaway.

THE ASSOCIATED PRESS

Where to put nuclear waste?

Nuclear power plants across the United States are building or expanding storage facilities to hold their spent fuel — radioactive waste that by now was supposed to be on its way to a national dump.

The steel and concrete containers used to store the waste on-site were envisioned as only a short-term solution when introduced in the 1980s. Now they are the subject of reviews by industry and government to determine how they might hold up—if needed—for decades or longer.

With nowhere else to put

its nuclear waste, the Millstone Power Station overlooking Long Island Sound is sealing it up in massive steel canisters on what used to be a parking lot. The storage pad, first built in 2005, was recently expanded to make room for seven times as many canisters filled with spent fuel.

Dan Steward, the first selectman in Waterford, which hosts Millstone, said he raises the issue every chance he can with Connecticut's congressional members.

"We do not want to become a nuclear waste site as

a community," Steward said.

The government is pursuing a new plan for nuclear waste storage, hoping to break an impasse left by the collapse of a proposal for Nevada's Yucca Mountain. The Energy Department says it expects other states will compete for a repository, and the accompanying economic benefits, and it's already heard from potential hosts in New Mexico, Texas and Mississippi. But the plan faces hurdles including a need for new legislation that has stalled in Congress.

THE ASSOCIATED PRESS

Multi-year deal

TSN to develop content for Canadian Tire

Canadian Tire Corp. has signed a multi-year deal with TSN that will see the sports broadcaster develop and produce content for the retailer's advertising.

The partnership covers all of the Canadian Tire banners, including Sport Chek, Mark's and Sports Experts.

THE CANADIAN PRESS

Rio casino

Betting on a zip line in Sin City

Officials at the Rio casino are celebrating the grand opening of a zip line that runs between two of the resort's towers and offers views of the Las Vegas Strip.

Mixed martial arts announcer Bruce Buffer is expected to yell his signature catchphrase "It's time!" at noon on Sunday and then take a ride on the VooDoo Zip Line as part of the ceremony. THE ASSOCIATED PRESS

Market Minute



DOLLAR 92.08¢ (+0.08¢)



Natural gas: \$4.39 US (-\$0.01) Other markets closed for Memorial Day in the U.S.



metr⊕

BUT WHICH BRO ARE YOU, BRO?

The world of online dating is a wondrous novelty to me. I'm not sure if I would have ended up with my own significant other — whom I met unromantically, at a bar — if I had relied on a digital matchmaking service that allows you to filter potential partners by age, race, religion, geography, height, body type and annual in-

Sophisticated algorithms might help users narrow down their search, but we all know that a carefully selected profile photo can make or break your chances of finding a date. Some sites such as Match.com and eHarmony allow users to post an entire catalogue of images, while popular matchmaking app Tinder limits users to just five well-chosen snapshots.

I spent the weekend scrolling through profiles on various digital dating services with a few of my single girlfriends — in the name of research, of course — to find out what influences a woman's decision to swipe right and say yes to a date. In the course of this exceedingly important investiga-



Jessica Napier metronews.ca

The top five things all the single ladies really don't want to see on your profile:

impression photos.

• Your ex: It's perplexing to see how many men think posting a romantic vacation photo with their ex-girlfriend might help them snag a date. I don't care if you look incredibly handsome in that picture in front of the Eiffel Tower; coupled-up images suggest you are still invested in your previous relationship or have absolutely no idea how to upload new content to the Inter-

tion, I discovered there are numerous things

that make women cringe when it comes to first-

• Group shots: We get it, you love your bros. You have so many bros, but which bro are you, bro? Dating websites feature thousands of men; your individual profile should be about you and not your posse of pals. Stick to solo images to avoid confusion.

• Photos of your stuff: Most women aren't looking to date your motorcycle or your dog and if they are, well they probably still want to see YOU posing with your prized possessions. Uploading standalone images of your condo interior won't help you turn that bachelor pad into a love nest any time soon.

• Bicep snaps: It can be hard to find a good collection of recent pictures of yourself, but please stop with the not-so-discrete snapshots of you flexing at the gym. According to a survey by dating website Zoosk, a man is 19 per cent more likely to receive a message from a woman if he posts an image of himself doing something outdoors. So step away from the mirror and get outside.

• Archival images: It doesn't take a detective to figure out that a 36-year-old man who uploads a snapshot of himself doing a keg stand at a frat party might be stuck in the past. Remember that you're looking for someone to date you, not "20 pounds ago and with way more hair" you. Avoid disappointment by being honest with yourself and potential love Follow Jessica Napier on

ZOOM

Lali, Lela, Lila, Lulu and Obama







Cubs make their grand entrance

A litter of rare tigers made their debut at a zoo in Austria.

According to the zoo, it's the first time five white tiger cubs were born in a single litter in Europe. The four female and one male are all healthy and doing well.

'We are very, very proud and very happy, because they are totally normal, there is nothing wrong (with them)," said zoo director Herbert Eder. wptv.com

Rare beauty makes them targets

The cubs' mother, named Burani, was brought to the zoo from Germany three years ago and this is her third litter.

fathered 14 cubs.

Eder says, "They are not hand-tamed, and not together with people; they are together with their mother."

The white tigers' unique colour means they're targeted by poachers and nearly extinct in the wild. wptv.com

There are only a small quantity of white tigers in existence and the current popula tion is estimated at approximately 500. With the inevitable inbreeding problems The father, named Samir, has a debate continually rages over the wisdom of breeding this animal. SOURCE: INDIANTIGER.ORG

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Wicked smart birds!

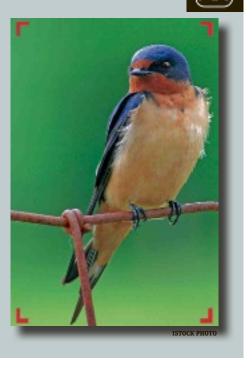


ANDREW FIFIELD

If there's one fun fact we all took away from Jurassic Park, it's that a closed door would be no match for those crafty velociraptors. "Life finds a way," is how a great man put it.

Smash cut to a few million vears later, and we find things haven't changed a whole lot. These clever swallows, residents of the University of Victoria's Campus Bike Centre, are doing their much larger ancestors proud by laughing at our obstacle-based achievements and the motion sensors that guard them. (Via Grant Hughes/YouTube)







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Super Duper Alice Cooper

Directors. Reginald Harkema, Scot McFadyen, Sam Dunn

Stars. Alice Cooper

Fans of original shock rocker Alice Cooper, well served by this loving chronicle by Reginald Harkema, Šcot McFadyen and Sam Dunn, may be surprised to learn that the frontman didn't strut fully formed out of a 1970s gateway from hell.

First he was art nerd Vince Furnier, a preacher's son from Arizona, who got his stage name from a Ouija board and band outfits from the Ice Capades.

The doc's funniest moments chronicle his early days, including his performance epiphany in Detroit, his actual birthplace, where he feels audiences first really got his band's blend of music and Grand Guignol theatre: garish eye makeup, faked onstage executions, dead baby dolls and other plastic cadavers strewn about.

Extras include deleted scenes and rarely seen concert footage. PETER HOWELL

Charlize Theron risks it all for a Million Ways to Die

Wild, wild western.

The Oscar winner risked life and limb to bring Seth MacFarlane's spoof A Million Ways to Die in the West to life, but was it worth it?



NED **EHRBAR**

While you might think Seth

MacFarlane had to chase down Charlize Theron to convince her to co-star in his cowboy comedy, A Million Ways to Die in the West, the Oscar-winning actress insists it was the other way around.

"I got to read this pretty early on," she says of the script for the film, which skewers old-fashioned westerns and life on the frontier.

"Just the idea of doing something that's pitched in this very unusual way of a comedy-western situation and him at the helm of that, that to me was very intriguing. So I definitely did

some chasing."
But a few weeks on location in New Mexico, risking life and limb, quickly had Theron rethinking her deci-

"Look, it's a gorgeous place. I understand why you want to paint it. I would



want to paint it. I don't necessarily want to go and shoot in it again. It's just like the weather was unbelievable. I felt like it was like biblical times, and we were all going to die a horrible death by weather," she says.

"I mean, there was a night where we shot, and Seth left before me. I got a text from him that literally just said, 'The road is washing away!

Get out of your trailer right now and start driving!' And I was like, 'I'm going to die on this movie."

Of course, all that risking life and limb can help bring a cast together, and Theron is particularly fond of her costars on this one, including MacFarlane, Neil Patrick Harris, Giovanni Ribisi, Sarah Silverman and Amanda Sey-

"There really wasn't a bad apple in the bunch. It really was just a bunch of great people together having fun, working hard, there for the right reasons, wanting to make the movie the best they possibly could," Theron

"We laughed a lot, and drank a lot, and almost died together a lot. So we are bonded for life."

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Franco, my dear, perhaps your dates don't give a tweet

Dating didn't apparently come easy to James Franco, as the Palo Alto star admits high school was a bit rough. "I wasn't the best socializer," Franco says. "I was shy, but I had a girlfriend named Jasmine my last two years. I was lucky to have someone who stuck around like that. I was a little confused and

mixed up when it came to dating." And when it comes to dating today, with the help of social media and mobile technology? "You get to know someone much quicker," he says. "The downside is when people aren't tech savvy and don't express themselves well through digital media." So get with the tweeting, ladies.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Ellen Page's dream man is the Biebs!?

Ellen Page has been having some weird dreams, she tells Conan O'Brien during an interview. "My anxiety dreams tend to always relate to pubic hair," Page says. "So I'll be, like, on stage getting ready to act, and I'm just in my underwear, and I just look down and it might as well be an old man's beard or something. Or I'll be topless and it will be up to my (chest). Like a reverse hairy chest." But her dreams haven't all been anxiety-inducing. For instance, there was one about Justin Bieber that she actually enjoyed. "We were in his, like, child-



hood home in Canada, just hanging out, and his mom came home with takeout from Ikea, and we were like, 'Yeah!'" Page explains. "We were stoked. We were like, 'Yes, our favourite!" For the record, Page has never actually met Bieber.

Kanye West and Kim Kardashian

Cork resort can't comment on Kim and Kanye's country canoodling

When it comes to all things West-Kardashian, perhaps you empathize with the item entitled "Alert (yawn): Kimye weds" that just appeared in the New York Post. "Two jackasses got married in Italy Saturday," the piece declared.

On the other hand, perhaps you'd really like to know where the couple is honeymooning. According to The Daily Mail, the pair landed at Cork airport in their private jet Sunday and drove off in "a fleet of limousines." They're apparently going to stay in Ireland for five days, and are "rumoured to be staying at the luxurious five-star Castlemartyr Resort — a half-hour drive east of Cork city. Castlemartyr staff said they 'could not comment' on whether it was Kanye who booked the Presidential suite of the 17th-century country manor."

Addams Family star goes bump overnight



Christina Ricci is going to be a mom. The Addams Family star is expecting her first child with husband James Heerdegen, she confirms to Entertainment Tonight. The two met while making the short-lived TV series Pan Am in 2012 and tied the knot in October 2013 in a private ceremony in New York City. Ricci has done a remarkable job of keeping the pregnancy quiet, as when she finally stepped out at LAX this weekend her baby bump was impressively far

El Paso search leaves Wiz in the lurch

Authorities say rapper Wiz Khalifa has been arrested in West Texas for marijuana possession. The performer was stopped at an inspection checkpoint at the El Paso airport. A statement from El Paso police says because Khalifa travelled without identification, a search was ordered and Transportation Security Administration agents found a canister with marijuana. TSA alerted police, who then arrested Khalifa. He was charged with misdemeanour possession of marijuana and was released



after posting \$300 bail. Khalifa posted a photo on Twitter inside of what appeared to be a holding cell.

THE ASSOCIATED PRESS

Twitter



carrieffisher

Saying that you're an alcoholic AND an addict, is like saying you're from London AND England.....



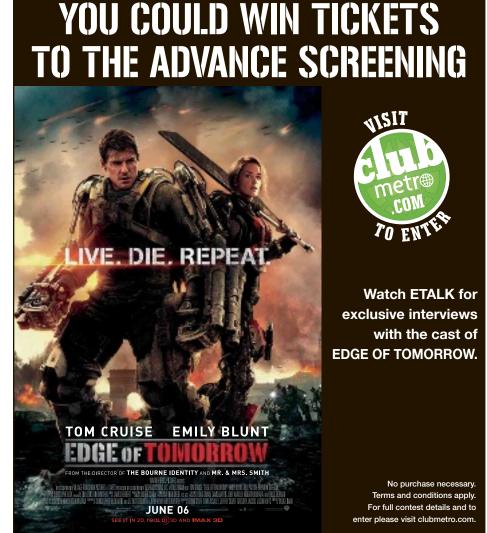
@JasonAlexander

Like Hef, I worked all day in my pajamas. Unlike Hef, my day didn't end with a menage in the grotto.



@WhitneyCummings

Nothing like a beautiful wedding to make you nostalgic for the things in your past that never happened



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Tuesday, May 27, 2014

LIFE 15

Fill avocado to the very top

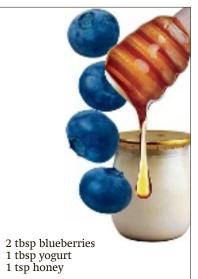
It's a fruit but tastes like a vegetable and is a "good" fat.

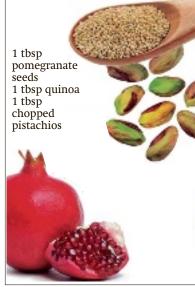
It would be such a waste not to make the most of its deliciousness.

Double up on the goodness by trying one (or all) of these eight wholesome fillings.

ROMINA MCGUINNESS Metro World News in London

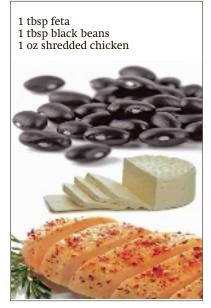




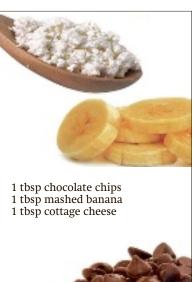


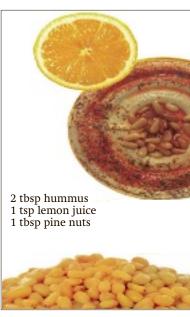




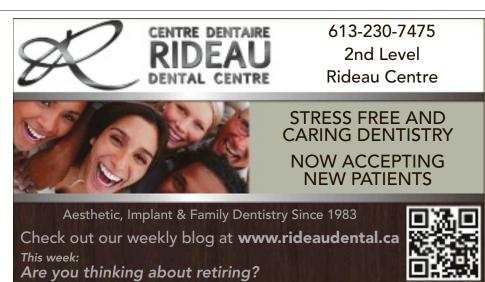














metr⊕ LIFE

Health Solutions

Wakeup the palate and eat healthy, too



NUTRI-BITES DHN, RNCP

Sun-dried tomatoes came into their own in the '80s but they remain a killer ingredient for a reason.

They have an intense taste that wakes up the palate but they also bring with them the nutrients that a tomato is famous for.

Lycopene is an antioxidant best known for its suspected role in helping prevent prostate cancer. But it's also

been studied for its help in preventing or treating inflammation, age-related eye disease and lung conditions. Buying the tomatoes desiccated and packaged on their own is your healthiest option; they simply require plumping in hot water for 30 minutes or so before

The easiest choice though is to buy them in oil, drain and chop them into salads, on pizza, into any Mediterranean rice or pasta dish.

Don't toss the oil that the tomatoes come in, though! It is highly flavoured and ready to be used in salad dressings or bread dips.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM



Sun-dried tomatoes add a punch of 'kapow' to steak

ALBERT

I find grilled steak kind of onedimensional and in want of a punch. This drizzle adds moisture and a left hook of flavour that is a knockout.

Mixing together the primary ingredients to use as a marinade pulls double-duty. It protects the meal from creating harmful substances on the grill and adds flavour.

A quick addition of capers sun-dried tomatoes makes a topping.

1. Mix together oil, vinegar,

FLASH FOOD



From your fridge to your table in 30 minutes or less

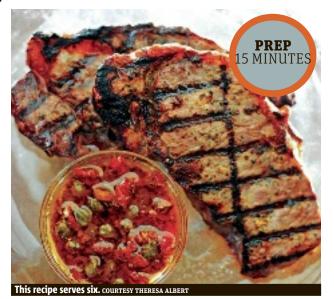
oregano, garlic, pepper, salt and mustard.

- **2.** Pour half onto steak and rub into both sides, marinate for up to 24 hours in the fridge or 20 minutes on the counter.
- 3. Preheat grill or grill pan.
- 4. Grill steak for 2-4 minutes per side over high heat.



- 2 tbsp extra virgin olive oil
- 2 tbsp vinegar
- 1 tbsp oregano • 2 cloves garlic
- 1 tsp fresh ground pepper
- 1/2 tsp kosher salt
- 1/4 cup Dijon mustard • 4 small striploin steaks
- 1/4 cup capers
- 1/4 cup sun-dried tomatoes,
- **5.** Meanwhile mix remaining half of oil-and-vinegar mixture with capers and drained sun

cooked steak and serve with a side salad. Theresa albert is a FOOD COMMUNICATIONS SPECIALIST AND TORONTO PERSONAL NUTRITIONIST. SHE IS @THERESAALBERT ON TWITTER AND



6. Spoon caper mixture over **FOUND DAILY AT MYFRIENDINFOOD.COM**

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The absolutely addictive quality of grilled asparagus

Grilling vegetables is magical, mostly because the intense heat caramelizes the natural sugars in them. It transforms vegetables from something you feel you have to eat into something you can't stop eating!

And grilled asparagus is one of the most awesome. Not only is it delicious, it's also easy to make. And you only need four things: thickstemmed asparagus, olive oil, kosher salt and a hot grill.

- ${f 1.}$ Heat grill to medium and prepare for direct heat cooking. For charcoal grill, spread coals evenly under grate. For gas grill, all burners should
- **2.** Trim off tough bottoms of spears by grasping each end and bending it gently until it snaps at its natural point of tenderness, usually twothirds of way down the spear. If spear is less than 6 inches long, chances are it has been
- **3.** Place spears in zip-close plastic bag. Add oil and massage spears to coat very well. Sprinkle in the salt and mas-



sage again. Leave the asparagus in the bag until ready to cook.

4. Use tongs to place the spears on the cooking grate crosswise so they won't fall through the grates. Grill for 5 to 8 minutes, turning occasionally to expose all sides to the heat. The asparagus should begin to brown in spots, but don't let them blacken and char. The larger the spears, the longer they will take to cook.

5. Remove from the grill and serve immediately with but-

THE ASSOCIATED PRESS/ELIZABETH KARMEL, AUTHOR OF THREE COOK-BOOKS, INCLUDING SOAKED, SLATH-ERED AND SEASONED.

Ingredients

- 1 lb fresh asparagus
- 1/4 cup olive oil
- 1 tsp kosher salt

metronews.ca
Tuesday, May 27, 2014

SPORTS 1

NHL

Capitals shore up GM, coach roles

The Washington Capitals promoted Brian MacLellan to general manager and hired former Nashville Predators coach Barry Trotz on Monday.

MacLellan, who spent seven seasons as assistant GM, replaces George McPhee, whose contract was not renewed after 17 seasons with the Capitals. MacLellan will also get the title of senior vicepresident.

Trotz was the Predators' coach for 15 seasons before being dropped from the job in April. In Washington, he takes over for Adam Oates, who was fired with a season left on his three-year deal. THE ASSOCIATED PRESS

NBA playoffs

Heat's Lewis scores a statistical rarity

Heat coach Erik Spoelstra calls Rashard Lewis's latest performance "basically, one of my favourite stat lines of all time."

The box score from Game 3 of the Eastern Conference final says Lewis did basically nothing in his 17 minutes of action Saturday. Lewis had no points, no rebounds, no assists and no steals in Miami's 99-87 win over Indiana — and the Heat outscored the Pacers by 21 points when the veteran forward was in the game, mainly as a defender.

According to STATS, since plus-minus started being charted, no one ever was better than a plus-10 in an NBA playoff game without generating any points, rebounds, assists or steals.

THE ASSOCIATED PRESS



Habs draw on past experience for hope

NHL playoffs. Montreal looks to repeat 2010 feat of overcoming 3-1 series deficit

It was up to veterans Brian Gionta and Tomas Plekanec to convince the world, and perhaps themselves, that the Montreal Canadiens still have hope.

The team that looked so solid in coming back to eliminate the first-place overall Boston Bruins is down 3-1 to the New York Rangers in the NHL Eastern Conference final, but

Gionta insisted Monday that morale is good and the Canadiens are far from finished.

They will be facing elimination in Game 5 of the best-ofseven series at the Bell Centre on Tuesday night, however.

"It's no secret: You start doing the right things, you start getting rewarded for it and momentum builds," Gionta said. "You keep carrying that.

"A couple of teams have been able to do that this year, the Kings and the Rangers. So it's not something that can't be done and with the group we have in here, we believe we can do it. And we believe we've got better as the series

Price back on the ice

Carey Price, who is out with a suspected knee injury, skated for about 20 minutes without equipment before the team's optional practice Monday, but coach Michel Therrien said he will not be back in this series.

goes on.

Gionta and Plekanec were part of a Canadiens team that came back from a 3-1 deficit to upset the high-powered Washington Capitals en route to their last trip to the confer-

ence final in 2010.

They did it that time with desperate shot-blocking, spectacular goaltending from Jaroslav Halak and a quiet belief that they could pull it off.

This time, they are looking to third-stringer Dustin Tokarski to imitate Halak. The 24-year-old has been solid in goal since replacing the injured Carey Price in Game 2, allowing eight goals in 11 periods over three games.

He helped them claim an overtime win in New York in Game 3 but was beaten on Martin St. Louis' overtime snipe in Game 4 on Sunday night. THE CANADIAN PRESS

Rain fails to slow Bouchard

About the only thing getting between Canadian tennis star Eugenie Bouchard and a berth in the second round of the French Open was the weather.

Bouchard overcame a rain interruption of nearly 90 minutes before finishing off a decisive 6-0, 6-2 win over Israel's Shahar Peer on Tuesday.

The tournament's 18th seed beat Peer for the second time this season and fourth in her career over 58 minutes of actual playing time.

Montreal's Bouchard, the 20-year-old former junior

Faith in her game

"I'm confident, but I'm usually always confident and believe in myself, and know whenever I walk on the court I always believe I can win the match." Eugenie Bouchard

Wimbledon champion, arrived to Roland Garros with her highest career WTA ranking. She moved up to 16th after winning her first WTA title on Saturday, beating Karolina Pliskova in the final of the Nuremberg clay court tournament.

"Today the court was actually a bit slower because of the conditions," said Bouchard. "I find the courts here are generally like fast clay courts, so I like them. It's fine for me."

Bouchard next plays the winner of a match between Germany's Julia Goerges and Michelle Larcher de Brito of Portugal. THE CANADIAN PRESS



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18 **PLAY** metronews.ca Tuesday, May 27, 2014

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2	5	1	9	3	6	4	7	8
4	0	3	1	5	7	9	2	6
6	Э	7	4	8	2	1	5	3
5	θ	4	7	2	8	8	1	9
3	2	9	8	6	1	5	4	7
1	7	0	5	4	9	6	3	2
9	1	6	3	7	6	2	B	4
7	4	5	2	9	8	3	θ	1
8	3	2	6	1	4	7	9	5

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			9		7			6

Horoscopes

T Aries March 21 - April 20

There is no point trying to predict what will happen over the next few days. Just stay calm and be ready to act when big events happen.

Taurus April 21 - May 21

You need to be a bit more serious about your cash flow situation. Tomorrow's new moon will make it clear where and how savings need to be made. No more shopping sprees for you — for now.

Il Gemini

May 22 - June 21

With a powerful new moon in your sign over the next three days there is no way you can go wrong — and even if you do go wrong it will somehow turn out right. Aim for the sky.

9 Cancer

June 22 - July 23

What you decide over the next few weeks, and especially over the next few days, will form the basis of your reality for the coming year. Find a quiet place where you can be alone with your thoughts.

Ω Leo

July 24 - Aug. 23

Friendships and group activities are highlighted today and all week, so get out and mix with all sorts of people every one of them will have something to teach you.

M Virgo

Aug. 24 - Sept. 23 If you are in any way

dissatisfied with your lot, now is the time to do something about it. The approaching new moon means that changes are good for you, especially those to do with your career.

📤 Libra

Sept. 24 - Oct. 23

It will feel as if a great weight has been lifted from your shoulders today. Money worries, especially, will begin to fade and you can start having fun again.

M Scorpio Oct. 24 - Nov. 22

The upcoming new moon will give you the motivation

and energy you need to make a start on a project you have been flirting with for weeks, months, maybe even years.

才 Sagittarius

Nov. 23 - Dec. 21

Anything of a one-to-one nature, be it personal, professional or financial, can be changed for the better over the next few days. Romance is especially well starred.

り Capricorn

Dec. 22 - Jan. 20

Even you can recognize that certain ways of doing things are not working as well as they should. It's time to push your ego to one side and admit that changes are needed.

⋄ Aquarius

Jan. 21 - Feb. 19

The approaching new moon encourages you to believe that you can get away with anything. If you act as if it is true, you will no doubt do something amazing.

H Pisces

Feb. 20 - March 20

Over the next two or three days you will get the opportunity to find out why loved ones are so uptight. Once you know that it will be quite easy to restore harmony. SALLY BROMPTON



Spot the differences in the pictures, not your phone bill.

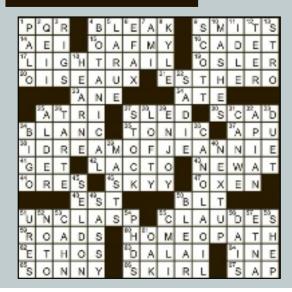
See today's answers at metronews.ca/answers. BY KELLY ANN BUCHANAN

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OFFER ENDS SOON

Yesterday's Crossword



Crossword: Canada Across and Down

Across

1. Comic legend Milton 6. Backs 11. Telly-watcher's network 14. Sneezer's sound! 15. Classical music groups, briefly 16. Mr. Roth 17. Purchase with plastic: 3 wds. 19. __ rummy 20. Alta. neighbour 21. Farm field 22. Green Day's

"When I Come 24. 'Benedict' suffix 26. Banned pesticide 28. '500' car race 29. Stop broadcasting: 2 wds. 33. Q. "____ Cool J the star of 'NCIS: Los Angeles'?" A. "Yes." 35. Straighten 36. Canada-US: The

world's longest __ border 41. Shelf sort 42. Melissa Anderson 43. Celebrity chef Ms. De Laurentiis 44. Christopher Plummer's song in "The Sound of

Music" (1965) 46. Calgary neighbourhood 47. ___ other (Without equals) 48. Bricklaying tools 89

53. "November Rain" qr. 55. Antacid brand 56. A bite to eat 58. Lute-like instrument 60. Financial investment for the future,

commonly

50.

up (Escalates)

Jackson 70. Big name in insurance 71. __ Francisco 72. "SCTV" alum Martin 64. Cards symbol 73. Beseech

65. Artful Dodger,

69. Ice Cube, aka

and cohorts

68. Pronoun

Down

1. Ms. Streisand, cute-style 2. S. Amer. country 3. Prince Edward's wife, Sophie -Jones

4. Stratford Festival play currently, Alice Through the 5. Many a moon

6. Canadian comedian Jon 7. Greek mythology nymph

8. Got [abbr.] 9. Acupressure 10. Stars sci. 11. Carpenters'

"We've Only Just _ 12. 54-40's "I Go 13. Brady Bunch kid

18. Staff symbol 23. Type of job, as on Hibernia: 3 wds. 25. "Still haven't

heard a thing...": 2 wds. 27. Reader's __

Canada 29. 'Red tag' event 30. ___'Orleans, QC 31. 1947 Nobel Prize in Literature winner,

Andre 32. Ford model

34. "Gilligan's Island" water

37. Greek letters 38. Florida: Miami-__ County

39. Leon ___, 1963 Pulitzer-winning biographer

40. Author Mr. Brown's 45. One of Canada's

official languages 49. Change

50. Accumulate 51. Certain coffee

52. Primp 54. TV weatherman Al

57. Heroic verse 59. ___ the crack

of dawn 61. Network of nerves

62. Commuter ticket buying places, e.g. 63. Health/safety messages, e.g.

66. Comedian Margaret 67. Head covering

5. Man's beard is removed.

3. Map is missing from backpack; 4. Shoes are now orange; ANSWERS: 1. Kabob is missing; 2. Shirt is a different colour;

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